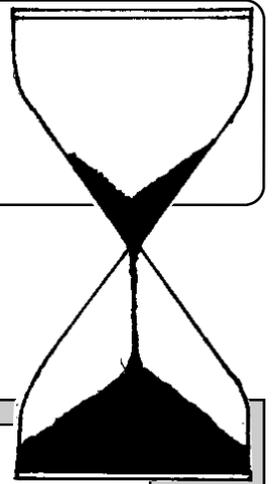


UNIT
24

TIME



A I am _____ years old. This is what I've been doing so far.
(Fill in the blocks with different activities so far in your life).

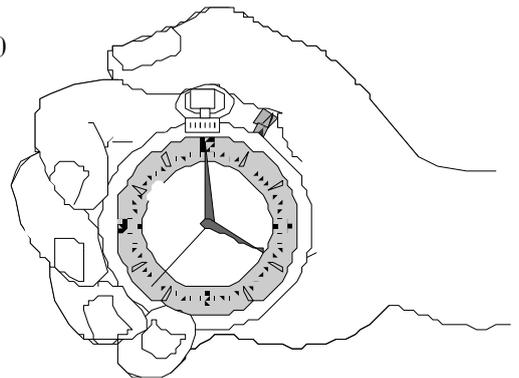
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| | | |
| | | |
| | | |

B Something to think about:

How much time do you spend ... ?

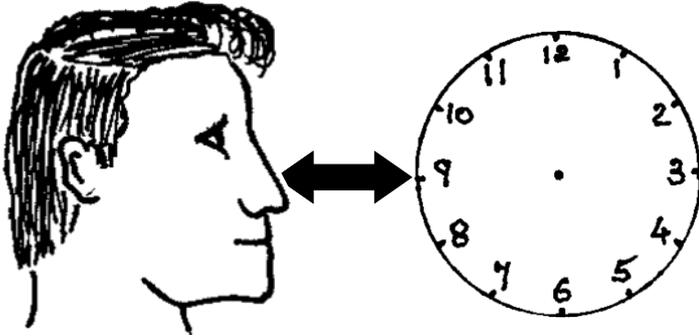
Research on how normal people spend time over the period of their entire lifetime reveals that the average person living up to 70 years of age normally spends ...

- ◆ 23 years sleeping;
- ◆ 15 years working;
- ◆ 6 years eating;
- ◆ 10 years entertainment / recreation;
- ◆ 5½ years having baths, etc.;
- ◆ 6 years learning / education;
- ◆ 4 years talking;
- ◆ 6 months praying.



DOES THIS SURPRISE YOU ?

HOW DO YOU RELATE to TIME ?



“ People relate to time in many different ways. Referees call time; prisoners serve time; musicians mark time; historians record time; loafers kill time; statisticians keep time.

But no matter how people relate to time, the fact remains that all of us are given the same amount of time. There are only 24 hours per day, 168 hours per week. Use them.

DENNIS HENSLEY

“ **TODAY'S THE DAY**

I shall do so much in the years to come,
But what have I done today?

I shall give out gold in princely sum,
But what did I give today?

I shall lift the heart and dry the tear,
I shall plant a hope in the place of fear,
I shall speak with words of love and cheer,
But what have I done today?

I shall be so kind in the after while,
But what have I been today?

I shall bring to each lonely life a smile,
But what have I brought today?

I shall give to truth a grander birth,
And to steadfast faith a deeper worth,
I shall feed the hungering souls of earth,
But whom have I fed today?

ANONYMOUS

D CAN IT BE BETTER? In the spaces below, write down how you could improve the way you use time in these three areas:

| | | |
|------------------|---------------------|---------------|
| Spiritual | Recreational | Work |
| | | |
| | | |
| Religious | Leisure | School |

Prayer

