Examination of Conscience / Prayer of Sorrow

Let us show God that we are really sorry for our sins by saying together the sorry prayer:

O my God, I am very sorry that I have sinned against you but with the help of your grace I will not sin again.

The 'Our Father'

The priest / leader introduces the Our Father.

Our Father ...

Individual Confessions and Sacrament of Reconciliation

Meanwhile play quiet music and encourage children to think about getting ready to meet Jesus in Reconciliation and what it means to be truly sorry.

If waiting time is long plan other activities for children to do while they wait such as for example: making a Lent card, making a bookmark to remember this special day, writing their own sorry prayer and drawing picture on the theme and readings of this service 'Lost and found', ex: the lost sheep or the lost coin.

Final Blessing

The priest / leader says:

Dear Lord, we want to make use of this favourable time of Lent.

We want to follow you and turn away from sin.

We thank you for giving us your forgiveness.

Help us to be strong. Help us to sin no more.

We ask you this through Jesus Christ who lives and reigns for ever and ever. Amen





Welcome and Introduction

Sometimes we make the wrong choices. We turn away from God.

We do this when we do not listen to his words – when we decide to do things we know are wrong - when we sin.

We are therefore in constant need to change... to convert... to turn back to him... and ask his FORGIVENESS.

Today we gather together to think about our relationship with God, to say we are truly SORRY to decide to change.

Today God is offering us his forgiveness through the SACRAMENT OF RECONCILIATION.

Opening prayer

The priest / leader says this prayer:

Lord God, you are merciful to all. You want everyone to be sorry and turn back to you.

Help us in our Lent journey to make use of this favourable time and turn back to you.

All answer[.] Amen.



Word of God

A reading from the Gospel according to Luke

One day when many tax collectors and other sinners came to listen to Jesus, the Pharisees and the teachers of the Law started grumbling, "This man welcomes sinners and even eats with them!" So Jesus told them this parable:

"Suppose one of you has a hundred sheep and loses one of them – what does he do? He leaves the other ninety-nine sheep and goes looking for the one that got lost until he finds it. When he finds it, he is so happy that he puts it on his shoulders and carries it back home. Then he calls his friends and neighbours together and says to them, 'I am so happy I found my lost sheep. Let us celebrate!' In the same way, I tell you, there will be more joy in heaven over one sinner who repents than over ninety-nine other people who do not need to repent.

"Or suppose a woman who has ten silver coins loses one of them – what does she do? She lights a lamp, sweeps her house, and looks carefully everywhere until she finds it. When she finds it, she calls her friends and neighbours together, and says to them, 'I am so happy I found the coin I lost. Let us celebrate!'

In the same way, I tell you, the angels of God rejoice over one sinner who repents."

This is the Gospel of the Lord.

(Luke 15:1-10)



Reconciliation Service

Responsorial Psalm

The response is: Have mercy on us Lord, for we have sinned.

Have mercy on me, O God, in your faithful love, in your great tenderness wipe away my offences; wash me thoroughly from my guilt, purify me from my sin. *Response*.

For I am well aware of my offences, my sin is constantly in mind. Against you, you alone, I have sinned, I have done what you see to be wrong. *Response*.

But you delight in sincerity of heart, and in secret you teach me wisdom. Purify me with hyssop till I am clean, wash me till I am whiter than snow. *Response*.

God create in me a clean heart, renew within me a resolute spirit, do not thrust me away from your presence, do not take away from me your spirit of holiness. Response.

Give me back the joy of your salvation, sustain in me a generous spirit. Turn away your face from my sins, and wipe away all my guilt. *Response*. (Psalm 51)

Reflection / Homily by the Priest/Leader

Silent Time for Personal Reflection